



## Good footwork is key to football...and living with diabetes.

People with diabetes can lose feeling in their feet, allowing small injuries to become big infections without warning. 82,000 Americans lose feet or limbs to diabetes each year.

**Do you have diabetes? Go to your doctor, take off your shoes and socks, and get your feet checked. Check them at home, too.**



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*Roberto Garza*

— Roberto Garza, Atlanta Falcons